



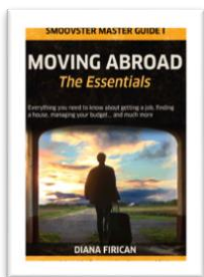
<https://cleverexpat.com/future-expats-meetup/>

September 2022

Expat Expectations and Realities

- Cultural competence
 - How will you prepare for new cultural roles and boundaries?
 - What do you know, what do you still need to learn?
 - Who can act as your “cultural liaison”?
- Language competence
 - How will you prepare for communication challenges?
 - Are you comfortable making mistakes and learning from them?
 - How will you continue learning when you arrive?
- Overcoming significant challenges
 - What bureaucracy are you expecting?
 - How will you adapt to your new environment?
 - What if you are unhappy with your new home?
 - What resources can you use to increase your resilience?
- Increased sense of safety and acceptance
 - What do you look for in terms of safety and acceptance?
 - What will you do to make friends and build a community?
 - What do you expect in terms of racial and gender roles?
- Lower cost of living
 - How informed are you about the cost of living in your destination?
 - Are you prepared to make adjustments related to economies?
 - What can you do to minimize the “ignorance tax”?
- Fewer barriers to healthy living
 - What does healthcare look like in your new home?
 - What kind of mental health support is available for you?
 - What are the social expectations around healthcare and health maintenance?
- Geographical explorations
 - What does your new home provide that is unlike your current living environment?
 - What new experiences will be within your reach?
 - How often will you need to be “home”, either in the US or your new expat home?

Resource of the month



Moving Abroad: The Essentials: Everything you need to know about getting a job, finding a house, managing your budget... and much more by Diana Firican

- Paperback: <https://amzn.to/3d4YrgX>
- Kindle: <https://amzn.to/3wMI7dY>