



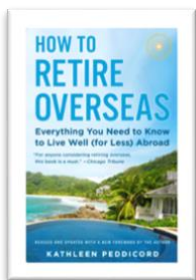
Cost of living as an expat

1. Caveat: You **MUST** do your own research!
2. Where do you start?
 - Defining a cost of living includes determining your “base level of comfort”
 - Depending on your move situation (retiree, working, family relocation, etc.), you will have to assess what is important to you

Consumer price indices	Special considerations
<ul style="list-style-type: none"> • Food • Housing • Clothing • Transportation • Personal care • Entertainment 	<ul style="list-style-type: none"> • Family needs • Schools • Travel • Work constraints • Local availability of what you want

1. Links
 - People already living in your destination (social media, ExpatExchange.com, Internations.org, YouTube, and others)
 - Sites for cost-of-living calculators:
 - i. www.Numbeo.com
 - ii. Expatistan.com/cost-of-living/
 - iii. <https://www.worlddata.info/cost-of-living.php>
 - iv. <https://internationalliving.com/the-cheapest-places-in-the-world-to-live>
 - Blogs – remember there are many more out there!
 - i. <https://www.escapeartist.com/blog/>
 - ii. <https://alittleadrift.com/cost-of-living/>

Resource of the month



How to Retire Overseas: Everything You Need to Know to Live Well (for Less) Abroad by Kathleen Peddicord

Kindle: <https://amzn.to/3igt8Tz> Rating: 4.2 with 308 ratings

Recommend the Kindle edition from 2017. The print version is from 2010. Parts 1 and 2 both have sections to help you identify budget and cost-of-living parameters. In Part 2, living cheaply or at low-cost luxury are both discussed in detail. They also include an appendix with a starter budget that is full of great thoughts and applicable concepts.

Ticket out the door: <https://forms.gle/Bb722SL1wjavn4qs6>